



KEEP SMILING No. 23



I'm multitasking,
I can listen, ignore
and forget at the
same time

My bed is a
magical place
where I suddenly
remember
everything I was
supposed to do.



Little Johnny had an ear infections and had to go to the paediatrician. The doctor directed his comments and questions to Little Johnny in a professional manner. When he asked Little Johnny, "Is there anything you are allergic to?" Little Johnny nodded and whispered in his ear. Smiling, the paediatrician wrote out a prescription and handed it to Little Johnny's mother. She tucked it into her purse without looking at it. As the pharmacist filled the order, he remarked on the unusual food-drug interaction Little Johnny must have. Little Johnny's mother looked puzzled until he showed her the label on the bottle. As per the doctor's instructions, it read: "Do not take with broccoli."



During a family holiday to Jerusalem, George's mother-in-law died. With her death certificate in hand, George went to the consulate office to make arrangements to send the body back home for a proper burial. The consulate, after hearing of the death of the mother-in-law, told George that sending a body overseas for burial is very, very expensive and it could cost upwards of £5,000. He said in most cases the person responsible for the remains normally decide to bury the body in Jerusalem as it only costs £150. George thought about his options for some time before answering: "I don't care how much it will cost to send the body back; that's what I want to do." Impressed with his dedication, the consulate said: "You must have loved your mother-in-law very much considering the difference in price." "No, it's not that," said George. "You see, I know of a case years ago of a person that was buried here in Jerusalem. On the third day he rose from the dead. I just can't take that chance."



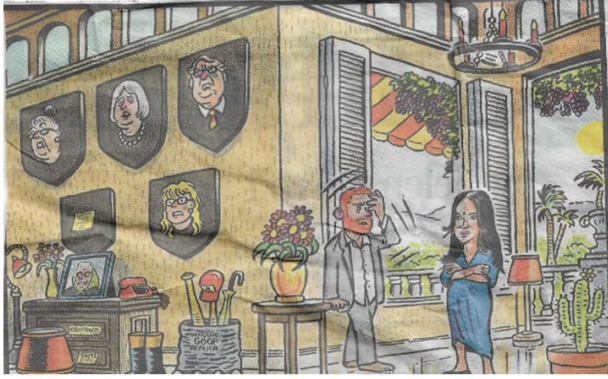
Yesterday I was out with a lovely lady. (She was 'The girl of my best friend') I saw an old Elvis record in the market called 'Wooden Leg'. I said to the stallholder. I thought he sang 'Wooden Heart' He said 'This is a pirate version'. I must admit we were 'All Shook up' and we had 'Suspicious minds' as to whether to buy the record. She told me 'It's now or never' as she promised to 'Love me tender' as 'We can't help falling in love' and our honeymoon will not be at 'Heartbreak Hotel'



Two salesmen were going door to door, when they knocked on the door of a woman who was not happy to see them. She told them that she did not want to hear their message and slammed the door. To her surprise, how the door did not close and, bounced back open. She tried again and convinced these rude young people were sticking their foot in the door, she reared back to give it a slam that would teach them a lesson, when one of them said: Ma'am, before you do that again, you might need to move your cat.

ALWAYS LOOK ON THE BRIGHT SIDE OF LIFE AND LAUGHTER

Donald Trump will announce a comeback soon, but he's Biden his time.
Sturgeon v Salmond. It's all a fishy business or perhaps a damp squid.
Sturgeon v Salmond 2. These fish are not as important as the livelihoods of fisherman.
A jar of Omega 3 vitamins fell on my head when I opened the cupboard. I sustained super fish oil injuries



Cartoon on left by Paul Thomas originally published in The Daily Mail

The Queen allegedly is a West Ham supporter (as well as Arsenal)

The first Cup Final she attended was Blackpool v Bolton in 1953
She rarely attends nowadays.

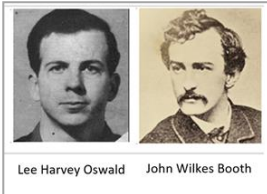
I share a birthday with her on 21st April and also support Arsenal and West Ham.

Her Majesty has issued a statement saying that she will not be watching the Harry and Megan interview on Monday as The Cockney Boys are at home to Leeds and kick off at 8.00pm. COY!! ☹



Did we tell Oprah what happened to our former staff?

WOULD YOU BELIEVE IT?



Lee Harvey Oswald John Wilkes Booth



Andrew Johnson Marilyn Monroe



Abraham Lincoln John F. Kennedy

Abraham Lincoln was elected to Congress in 1846. John F. Kennedy was elected to Congress in 1946.
Abraham Lincoln was elected President in 1860. John F. Kennedy was elected President in 1960.
Both were shot on a Friday and both shot in the head. Lincoln's Secretary was named Kennedy.
Kennedy's Secretary was named Lincoln.
Both were succeeded by a man named Johnson. Andrew Johnson who succeeded Lincoln was born in 1808.
Lyndon Johnson who succeeded Kennedy was born in 1908.
John Wilkes Booth (assassinated Lincoln) was born in 1839. Lee Harvey Oswald (assassinated Kennedy) was born in 1939.
Lincoln was shot at the Theatre named 'Kennedy.' Kennedy was shot in a car called 'Lincoln.'
Booth ran from the theatre and was caught in a warehouse. Oswald ran from a warehouse and was caught in a theatre.
Booth and Oswald were both assassinated before their trials.
A week before Lincoln was shot he visited Monroe, Maryland. A week before Kennedy was shot he visited Monroe, Marilyn.

THE NEW MEDICAL ALPHABET FOR US OLDIES

A is for acute arthritis. B is for bad back and also bad breath.
C's for the chest pains that scare me to death.
D is for dental decay and decline.
E is for eyesight, can't read that top line.
F is for fissure and fluid retention.
G is for gas I'd rather not mention.
H is high blood pressure-I'd rather it was low.
I's for incisions with scars you can show.
J is for joints, out of socket, won't mend.
K is for knees that crack when they bend.
L's for libido, what happened to sex?
M is for memory, whatever is next
N's for neuralgia, it makes me go slow.
O is for osteoporosis, bones that don't grow.
P's for prescriptions, I have quite a few.
Q is for queasy, is it fatal or flu?
R is for reflux, one meal becomes two.
S is for skin rash, gets worse every year.
T is for Tinnitus, bells in my ear.
U is for urinary, troubles with flow.
V's for vertigo, that's 'dizzy' you know.
W's for worry, NOW what's going round.
X is for X ray, and what might be found.
Z is for sleeping! ZZZZZZ in my bed and all of these ailments now fill me with dread!



**If I am ever on
life support,
unplug me...
Then plug me back in...
See if that works..**

**My problem wasn't
not being
good enough.
My problem was
thinking
I had to be.**

"On hearing ill rumour that Londoners may soon be urged into their lodgings by Her Majesty's men, I looked upon the street to see a gaggle of striplings making fair merry, and no doubt spreading the plague well about. Not a care had these rogues for the health of their elders!"
Samuel Pepys Diaries
London 1664

I think I have that Covid,
I'm coughing quite a lot;
I cannot smell a blooming thing,
and I'm feeling very hot.
I'm told to ring 111,
they'll tell me what to do.
Then suddenly I realise
as I dial and start to queue,
It's not the Covid after all,
but my lunchtime Vindaloo.



GET UP AND GO

At night time I wonder as I take off my clothes, Will I soon get to sleep or merely just doze.
Old age is golden, or so it's been said, But sometimes I wonder, as I crawl into bed,
With my body all aching, I try to remember, Is it now February, or July or September ?
Is there anything else that today I forgot? Something important as likely as not!
The reason I know my youth is all spent? Is my get up and go has got up and went.
But in spite of it all, I'm still very keen and think of the places my get up has been.

GROUP THERAPY

Bake, quilt, walk or run Choose a group and have some fun!
Try the new, if just to dabble -Mah Jong, Bridge or Travel Scrabble!
Learn a language, sing on line, Research the past, or meet and dine:
Join the book group, write a story - Soon we'll be like Jackanory!
But let's get real, enough inventions: The way to Hell is good intentions!
The cake has sunk, the legs are weary, The quilt was all too good, in theory...
Mah Jong and Bridge were just too hard, My voice was flat, and I'm no bard!
I'll contemplate more groups on-line, And while I choose, let's have some wine!



By Kate Bartlett. This poem was judged to be in the Top 10 of the entries in the u3a Poetry Competition 2020

NEW WORDS FOR OLD

Twitter used to be a sound made only by the birds. But now on my computer, it's a way of spreading words.
The tiny furry creature that scurries round the house. Now is not the only thing that people call a mouse.
A golden handshake meant a thank you, that was nice, But now a handshake just connects computers and device.
Tablets are those tiny things we swallow when we're ill. But with a modern tablet, you can browse the web at will,
We think it's modern jargon but we older people know. That all these words they're using stem from long ago.

THE GAMES WE PLAYED

The games that children play today are different from years gone by.
We are aware that things have changed, so this shouldn't make us cry.
But what would kids make of our idea of fun back in days of yore.
When children played out in the sun and didn't yearn for more.
Hopscotch and skipping for girls. Football and cowboys for boys.
Roly-poly down steep grassy fields and sledging were two of our joys.
We played out all day, even in the rain. We were so wild and free.
Our parents never worried a lot 'cos we always came back for tea.
Kids today are so controlled, whether happy or sad.
If only they could go back in time and live those moments that we had.

if you ever get an
email about pork,
ham, salt, and
preservatives,
don't open it.
it's spam



A Senior's Version of FACEBOOK

For those of my generation who do not, and cannot, comprehend why Facebook exists: I am trying to make friends outside of Facebook while applying the same principles. Therefore, every day I walk down the street and tell passers-by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom. I give them pictures of my family, my dog and of me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, having lunch, and doing what anybody and everybody does every day. I also listen to their conversations, give them "thumbs up" and tell them I "like" them. And it works just like Facebook. I already have 4 people following me: 2 police officers, a private investigator and a psychiatrist.

MALE GOLFER ANAGRAMS QUIZ

1	A FOND LICK	
2	BYE SNOB JOB	
3	CLAMMY TRUNK	
4	PEARLY GRAY	
5	TOWELED WOES	
6	A NUKED DOLL	
7	ACES LAYUP	
8	CARRIAGE IS GO	
9	ALPINE TOUR	
10	I'D WORST EGO	
11	RESCUED FLOP	
12	HELP I'M IN LOCKS	
13	SWEATY PARENT	
14	TWOFOLD MEMO YET	
15	GRIM EMOTION CLONE	
16	A WINO MOANS	
17	GASTRIC UNREST	
18	SONS HUNT DIJON	
19	SNEER LIE	
20	WALK SAD NINNY	
21	ATOMS TOWN	
22	INJURE TOSS	
23	A YANK TRIMMER	
24	GRACED WELL MEMO	
25	ENERGISE FOOT	

1	A FOND LICK	NICK FALDO
2	BYE SNOB JOB	BOBBY JONES
3	CLAMMY TRUNK	MARK MCNULTY
4	PEARLY GRAY	GARY PLAYER
5	TOWELED WOES	LEE WESTWOOD
6	A NUKED DOLL	LUKE DONALD
7	ACES LAYUP	PAUL CASEY
8	CARRIAGE IS GO	SERGIO GARCIA
9	ALPINE TOUR	IAN POULTER
10	I'D WORST EGO	TIGER WOODS
11	RESCUED FLOP	FRED COUPLES
12	HELP I'M IN LOCKS	PHIL MICKELSON
13	SWEATY PARENT	PAYNE STEWART
14	TWOFOLD MEMO YET	TOMMY FLEETWOOD
15	GRIM EMOTION CLONE	COLIN MONTGOMERIE
16	A WINO MOANS	IAN WOOSNAM
17	GASTRIC UNREST	CURTIS STRANGE
18	SONS HUNT DIJON	DUSTIN JOHNSON
19	SNEER LIE	ERNIE ELS
20	WALK SAD NINNY	LANNY WADKINS
21	ATOMS TOWN	TOM WATSON
22	INJURE TOSS	JUSTIN ROSE
23	A YANK TRIMMER	MARTIN KAYMER
24	GRACED WELL MEMO	GRAEME MCDOWELL
25	ENERGISE FOOT	RETEIF GOOSEN